



Hours:
 M, T, Th 8am-4pm
 W 8am-7pm
 F 8am-3pm

August 2010

The Victory Center
 5532 W. Central Ave. Ste. B
 Toledo, OH 43615
 419-531-7600

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
More information at www.thevictorycenter.org							
1	2 <u>10:30</u> Yoga	3 <u>10:00</u> Healthy Steps <u>11:00</u> Knit Wits and More <u>6:00</u> Advanced Cancer Support Group	4 <u>6:00</u> Cancer Support Group	5 <u>5:30</u> Yoga Nights!	6	7 HOA Rummage Sale Drop-off 9am-1pm	
8	9 <u>10:30</u> Yoga	10 <u>10:00</u> Healthy Steps <u>11:00</u> Knit Wits and More <u>6:00</u> Breast Cancer Support Group <u>6:00</u> Breast Cancer Caregiver Support	11 HOA Rummage Sale Drop-off 5-8pm <u>6:00</u> Cancer Support Group	12 <u>5:30</u> Yoga Nights!	13	14 "Work relief" 10-2 	
15 	16 <u>10:30</u> Yoga <u>6:00</u> Blood Cancer Support Group	17 <u>10:00</u> Healthy Steps <u>11:00</u> Knit Wits and More <u>2:00</u> Tie-Dye Day!*  <u>5:00</u> Guided Imagery*	18 HOA Rummage Sale Drop-off 5-8pm <u>6:00</u> Cancer Support Group	19 <u>5:30</u> Yoga Nights!	20	21	
22	23 <u>10:30</u> Yoga <u>6:00-7:00</u> * Belly Dancing 	24 <u>10:00</u> Healthy Steps <u>11:00</u> Knit Wits and More <u>6:00</u> Breast Cancer Support Group <u>6:00</u> Breast Cancer Caregiver Support	25 <u>6:00</u> Cancer Support Group	26 <u>10am-12:30pm</u> ACS Patient Navigator * <u>5:30</u> Yoga Nights!	27	28 8am-5pm HOA Rummage Sale 	
29	30 <u>10:30</u> Yoga <u>7:00-8:00pm</u> Understanding Your Meds*	31 <u>10:00</u> Healthy Steps <u>11:00</u> Knit Wits and More				<p>"Your current safe boundaries were once unknown frontiers." -Anonymous</p>	

*Advanced registration recommended, please call us at 419-531-7600.