

January 2012

The Victory Center
5532 W. Central Ave. Ste. B
Toledo, OH 43615-0713
419-531-7600

Reaching out to cancer patients and their families

www.thevictorycenter.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
More information at www.thevictorycenter.org							
1 Happy 2012!	2 Closed for the holiday!	3 10:00 Healthy Steps 11:00 Knit Wits and More	4 6:00 Weekly Cancer Support Group	5 5:30 Yoga Nights!	6	7	
8	9 10:30 Yoga 7:00 Group Hypnotherapy *	10 10:00 Healthy Steps 11:00 Knit Wits and More 6:00 Breast Cancer SG 6:00 Breast Cancer Caregiver Support	11  10-12 6:00 Weekly Cancer SG 6:00 Family/Caregiver Group	12 5:30 Yoga Nights!	13	14  10-12 Work Relief 10-2pm 	
15	16 10:30 Yoga 6:00 Blood Cancer SG	17 10:00 Healthy Steps 11:00 Knit Wits and More 2:00 Favorite Game Day! 	18 6:00 Weekly Cancer Support Group	19 5:30 Yoga Nights! 7:00 Belly Dancing!* 	20	21	
22	23 10:30 Yoga Caregiver Night 5:00 Guided Imagery* 6:30 Partner/Caregiver Massage* Come to one or both!	24 10:00 Healthy Steps 11:00 Knit Wits and More 6:00 Breast Cancer SG 6:00 Breast Cancer Caregiver Support Special Guest: Molly Harshman, BSN, on the neuromodulation "pain pump" by 	25 6:00 Weekly Cancer Support Group	26 Come and Paint with Me: Art and Soul Retreat: 3 day commitment, 12-4pm *		27 5:30 Yoga Nights!	28
29	30 10:30 Yoga	31 10:00 Healthy Steps 11:00 Knit Wits and More 6:00 Guest Speaker: Dr. Strobel on... "Understanding Your Pathology Report" * 			Opportunities to find deeper powers within ourselves come when life seems most challenging. --Joseph Campbell		

* RSVP, please call us at 419-531-7600. The Victory Center News is published monthly by The Victory Center, at 5532 W. Central, suite B., Toledo, OH 43615-0713.