

Hours
M,T,Th 8am-4pm
W 8am-7pm
F 8am-3pm
S—once monthly

The Victory Center

August 2010

Reaching out to cancer patients and their families



5532 W. Central Ave.
Suite B
Toledo, OH 43615

419-531-7600

Fax 419-531-7687



Understanding Your Meds

Monday, August 30th

7-8pm

You are invited to a presentation on common medications and why specific ones are selected for use. Get interesting information about medications you know, used for pain, nausea, regularity, anxiety and depression.

A question and answer session will follow the presentation.

Presenter: Cheryl Lahey, R.Ph.

Pharmaceutical Director of Hospice of Northwest Ohio

Please RSVP- friends and family are welcome!

A SPECIAL GIVE AWAY for CANCER SURVIVORS of The Victory Center!

ENTER BY AUGUST 13TH!

Background: Evolv Medical Aesthetics donated a silent auction package to the recent Chicks for Charity event, and the winning bidder donated it to The Victory Center to give to one of our cancer survivors!

How to enter: Review items included and verify you're a good candidate. Enter by stopping in or calling The Victory Center by August 13th. Only one chance per person. Winner drawn Aug. 16th

Package includes: (a \$1200 value)

-Skin Care Consultation w/medical aesthetician

-OmniLux LED Therapy, used for aging, acne, wound healing, muscle/joint pain (8 treatments)

Not for those with light sensitivity!

-SkinMedica 3 piece set— TNS Essential Serum, Retinol Complex, and TNS Line Refine

-Six Massages (lymphatic, oncology, or regular)

Support Groups



Cancer Support Group

For anyone with any type of cancer,

Caregivers welcome!

Every Wednesday

6-7:30pm

Blood Cancer

In partnership with the

Leukemia and Lymphoma Society

Mon, August 16th

6-7:30pm

Advanced Cancer

Tues, August 3rd

6-7:30pm

Breast Cancer

Sponsored by **Komen for the Cure**

Tues, August 10th and 24th

6-7:30pm

Breast Cancer Caregiver

Sponsored by **Komen for the Cure**

Tues, August 10th and 24th

6-7:30pm

Thank you...



...for your generous support of TVC!

HOA Rummage Sale-To Benefit TVC

Saturday, August 28th 8am-5pm

Lambertville United Methodist Church

8165 Douglas Rd.

Questions? Please contact TVC



Belly Dancing * Monday

for Cancer Survivors! August 23rd

Ladies Only! 6-7:00pm



Belly Dancing is a low impact dance technique that can help you achieve a more joyful body image. No dance experience necessary.

Dance in your socks, barefoot, or soft shoes.

Facilitator: Racheal Wallace. Register early!

The Victory Center + Komen NW Ohio Race for the Cure

September 26th, 2010

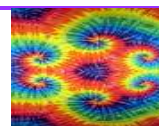
Register with our team, and join us at the day of the race!

Thank you to Komen for supporting TVC!



"Tuesdays with Jen"

Tie-Dye



Tuesday, August 17th 2-3:30pm

Join us for a fun afternoon making a tie-dye creation of your very own! You need a cotton or mostly cotton item, prewashed without fabric softeners or dryer sheet. T-shirts, blouses, jeans or sweatshirts are some examples. Wear clothes that may be stained during the process. Be creative and enjoy the one of a kind finished result. You may bring a guest to this program, children may especially enjoy this opportunity!

Register by 8/13! Facilitated by Jen Balogh



Guided Imagery

Tuesday, August 17th, 5-6:30pm

This new program at TVC is offered through a partnership with Mercy Cancer Centers. Guided Imagery creates a relaxing environment, with soft music combined with thought provoking, healing journeys. Reduce anxiety and other symptoms. Please bring a pillow and blanket to lie on. All TVC participants, survivors and their guests are invited to attend. RSVP to TVC!!!

This full color newsletter was made possible by the kind people at Maritz Research. Thank you!

www.thevictorycenter.org